# TOOL 3: ACTION PLAN<sup>1</sup>

From Helping Without Hurting in Church Benevolence<sup>2</sup>

Consider adapting the below tool for your church's action plan process.

## **SECTION 1: Reflection**

١.	Where You Want to Be:
	How would you like your life situation to be different or improved four to six months from now?
	Goal 1:
	Goal 2:
	Optional Questions:
	<ul> <li>Do you think those goals are consistent with God's desire for your life?</li> </ul>

- Do you think those goals are consistent with God's desire for your life?
- Where do you think He would like you to be in four to six months?
- Would you like to make any revisions to your goals?

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What are some abilities and resources you have that could help you get to where you want to				
be four to six months from now?				

#### C. Obstacles:

It is good to be aware of things that might get in the way of you getting to where you want to be four to six months from now. It can be helpful to specifically list possible key obstacles. Doing so can help all of us be aware of them and create plans to overcome them or at least lessen their impact.

Inter	nal obstacles (thin	gs about your pe	rsonality or habi	ts that could block or	slow progress

External obstacles (people or situations that cou	uld block or slow progress)
SECTION 2: Planning for the Future Togethe	er
A. Things You Want to Do:	
Steps that will move you to where you want to be in	n four to six months:
Goal 1	
What specific things can you do?	Do this by when?
(a)	
(b)	
(c)	
Goal 2	
What specific things can you do?	Do this by when?
(a)	
(b)	
(c)	
B. Things We Can Do to Support You:	
How can church members help you get to where yo	ou want to be in four to six months?
Goal 1 (from above)	
What specific things can the church do?	Do this by when?
(a)	
(b)	
(c)	
Goal 2 (from above)	
What specific things can the church do?	Do this by when?
(a)	
(b)	

# **SECTION 3: Encouragement and Accountability**

## A. Supportive People<sup>3</sup>

It is hard for most of us to make changes alone. Therefore, as part of helping you toward your goals, we have an individual/team who would like to support you through prayers and encouragement. They have promised to:

- Pray for you every day.
- Talk with you at least once a week. This will be to see how you are doing and give you input as you desire.
- Keep information confidential as is appropriate.

Would you be willing to have an individual/team support you in your goals?

Name of supportive individual/team leader
Phone:
Follow-up:
Plans fail if they get lost in the hectic nature of life, so staying in communication with each
other is very important. It will help all involved to see how things are progressing and how the
plan might need to be adjusted to reach your goals. Normally communication will be more
frequent in the beginning of implementing the action plan to ensure that momentum is gained.
When and how or where can we next get together to check how things are going?
Other conditions of agreement:
Signature of individual:
Date
Date
Signature of church representative:
Date

<sup>&</sup>lt;sup>1</sup> This tool is adapted and expanded with permission from Diaconal Ministries Canada, "Guidelines for Benevolence," accessed May 28, 2015, http://diaconalministries.com/wp-content/uploads/2014/01/Guidelines-for-Benevolence-1.pdf.

<sup>&</sup>lt;sup>2</sup> Steve Corbett and Brian Fikkert, Helping Without Hurting in Church Benevolence: A Practical Guide to Walking With Low-Income People (Chicago: Moody Publishers, 2015), 99-101.

<sup>&</sup>lt;sup>3</sup> Adapted from Jay Van Groningen, Changing Times, New Approaches: A Handbook for Deacons (Grand Rapids: CRC Publications, 1996),