# **TOOL 2: INTAKE FORM<sup>1</sup>**

From Helping Without Hurting in Church Benevolence<sup>2</sup>

Consider adapting the below tool for your church's intake process.

Date Notified Response Call	
Intake Completed Actual Interv	iew
SECTION 1: Identifying Informat	ion
Name:	
Age Male Female Coup	ble
Address:	
Work phone: Home ph	one: Cellphone:
Email:	
Spouse's name:	
Children's names and ages:	
Family members living with person:	
Church member? yes no If yes, h	ow long?
If no, regular attender? yes no If	yes, how long?
If not a regular attender, is this person cor	nnected to the church in any way?
Has this individual been previously assiste	d by the church? yes no
This tool is from Helping Without Hurting in Church Benev	Chalmers.org 1
	from The Redeemer Presbyterian Church Diaconate Manual:

A Handbook for Diaconate Mercy Ministry, by Redeemer Presbyterian Church (NYC).

If yes, when?
What was the help for?
What help was given and to what degree?
Did the individual receive financial assistance? yes no
Has this individual received assistance from other churches/agencies in the past year?
yes no
If yes, what was the help for?
What help was given and to what degree?
List names and phone numbers of personal/pastoral references who could be contacted for further information regarding this individual (ask for verbal permission to contact these references):

# **SECTION 2: Current Situation and Reason for Request**

What is the presenting problem as stated by the individual?

How long has this problem been going on?

Has the individual recently been victimized by abusive or exploitive people in ways that have created/contributed to the problem?

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Has the individual done or not done anything that has contributed to the problem?

Other important details of the situation:

What steps has this person taken to remedy the situation?

What is the individual's specific request of the church?

What does this person think needs to be changed in the situation and/or in themselves?

Is this person willing to work with the church to create an action plan aimed at solving their current problems as well as working to help prevent this problem from occurring again?

This form was started by: \_\_\_\_\_\_ on (date) \_\_\_\_\_\_

Person assigned to follow up: \_\_\_\_\_

## **SECTION 3: Detailed Context and History**

You may want to wait until future meetings to obtain some or all of the following information. Use your judgment.

Be sure the person requesting help is told of the information they will need to provide, including documentation as needed, to complete the intake form.

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#### Education/Work History

Current job held: \_\_\_\_\_\_ How long at present job? \_\_\_\_\_

Work history:

Highest level of education and degrees held:

Other training certificates or programs completed:

#### Financial Position<sup>3</sup>

MY MONTHLY SPENDING PLAN			
MONTHLY INCOME	Current Income	Income Changes	New Budget
Employment (Take-home pay—after taxes)			
Government Assistance/Unemployment			
Pensions/Retirement			
Child Support/Alimony			
Friends/Family			
Social Security/Disability			
Food Stamps			
Other:			
Other:			
TOTAL INCOME			

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MONTHLY EXPENSES	Current Expenses	Spending Changes	New Budget
Housing (Rent/Mortgage)			
Electricity			
Gas			
Water			
Telephone (Home/Cell)			
Cable TV/Internet			
Laundry Costs			
Groceries			
Snacks/Drinks/Cigarettes			
Medicine/Prescriptions			
Household (Toiletries, Cleaning, Cooking)			
Pet Food and Supplies			
Child Care/Child Support/Alimony			
Meals Out/Entertainment			
Transportation (Car Payments, Fuel, Bus)			
Clothing/Shoes			
School Expenses/Tuition			
Credit Card/Debt Payment			
Fees: Late, ATM, Money Order, Check Cashing			
Giving (Personal and Charity)			
Books, DVDs, and CDs			

Subscriptions/Dues (Magazines, Clubs)			
Insurance (Health, Car, Rental)			
Miscellaneous Daily Expenses			
Other:			
Other:			
TOTAL EXPENSES			
MONTHLY BALANCE TO SAVE (total income - total expenses)			
Housing Situation:			
Does this person rent or own? Does this	s person have	e roommates?	yes no
Who do they live with?			
Does this person have any dependents living with them	? If so, who?		
Is it a temporary living situation? yes no If	yes, explain:		
Is this person homeless? yes no			
What type of housing does this person/family live in?			
Apt House Room Projects _	Section	8 Shelte	er
Spiritual, Social, and Emotional/Mental Healtl	h		
Describe person's Christian experience/spiritual journe	y, if applicabl	e:	

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This tool is from *Helping Without Hurting in Church Benevolence*, by Steve Corbett and Brian Fikkert.

What sort of social supports does this person have?

Does this individual have any family living nearby? yes no
If yes, who?
Any family members the person is close to? yes no
If yes, who?
Does this individual have a church small group? yes no
If yes, name and phone number of leader
Do one or two close friends know of the person's situation? yes no
Is this person seeing a counselor? yes no
If yes, who?
Has this person ever been diagnosed and/or treated for a mental illness? yes no
If yes, explain:
Is this person currently taking any prescribed medications? yes no
Previous medications? yes no
If yes, what is/was the medication?
What condition is/was it for?
Has the person ever been hospitalized for depression/suicide or other mental illnesses?
yes no
Chalmers.org This tool is from <i>Helping Without Hurting in Church Benevolence</i> , by Steve Corbett and Brian Fikkert.

If yes, when and what for? \_\_\_\_\_

Has this person experienced trauma at some point in their life? If yes, describe:

## **SECTION 4: Church Assessment and Response to This Request**

Remember that poverty has multiple causes: the individual's behavior, abusive or exploitive people, oppressive systems, and demonic forces. In many cases, more than one of these causes are at work. However, to the extent that the person's own behavior is a contributor, you should try to gauge their receptivity to taking actions to make positive changes in their life. In such cases, check the one that most applies:

This person/family believes:

- 1. \_\_\_\_\_ There is no deep-seated problem that I/we need to address.
- 2. \_\_\_\_\_ There may be a problem, but I'm/we aren't the one(s) who need to change.
- 3. \_\_\_\_\_ Yes there is a problem, but I'm/we doubtful it can be changed.
- 4. \_\_\_\_\_ Yes there is a problem, and I/we can be part of making needed changes, but is it worth it?
- 5. \_\_\_\_\_ Yes there is a problem, and I/we are ready to take steps to make needed changes.

**Category 1 or 2**: This person/family is not ready to do the hard work of: (1) identifying areas that they need to change, and (2) making those changes with your church's help. They are not ready to create an action plan. Since you are using this form with people you believe need to begin the change process starting now, their lack of readiness to change might well disqualify them from

receiving assistance from the church at this time. But that doesn't mean ignoring them. Through continued contact and conversation, they might develop more openness to change.

**Category 3–5:** This person is ready to create an action plan.

• You may find that people in category 3 or 4 complete the action plan but then do not follow through on their goals. *Do not give up!* They will probably need extra encouragement and support, and their goals and timeframes may need to be adjusted. If they do not make

sufficient progress on their goals even with repeated encouragement or help, then you and your church may need to stop providing the material and possible human resources that you committed to in the action plan. That does not mean you neglect the person/family or break your relationship with them! It just means you may have to shift the terms of the relationship.

- People in category 5 will have a bit smoother time of moving forward and contributing their part to their goal, although there will still be bumps, and thus need for support.
- Remember from chapter 2 that if the person has experienced trauma, progress may be slower or halting, with times of no progress and/or regression.

Initial church assessment of issues that need to be dealt with that contributed to current problem:

Initial response/ decision

<sup>&</sup>lt;sup>1</sup> With the exception of the budget from section 3 and the majority of section 4, this tool is adapted and expanded with permission from Redeemer Presbyterian Church, "Intake Form," in *The Redeemer Presbyterian Church Diaconate Manual: A Handbook for Diaconate Mercy Ministry*, 3rd ed. (New York: RPC Press, 2001).

<sup>&</sup>lt;sup>2</sup> Steve Corbett and Brian Fikkert, *Helping Without Hurting in Church Benevolence: A Practical Guide to Walking With Low-Income People* (Chicago: Moody Publishers, 2015), 83-91.

<sup>&</sup>lt;sup>3</sup> From J. Mark Bowers, *Faith & Finances*, ed. Jerilyn Sanders, Sam Moore, and Amy Kuenzel (Chattanooga: The Chalmers Center, 2012), 105.